



## 4 Simple Rules to Stop Bullying (Paperback)

By Neil Mars

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book starts from the principle that the phenomenon of bullying is not new or related merely to schools, but rather a problem that has always existed and must be acknowledged as something related to the whole education and social system. Teaching children about how to deal with bullying is important for their whole life and can change their future, while increasing their probability of obtaining a happy life. Following such paradigm, the book focuses on the application of four principles to deal with this issue from different angles, and more precisely parenting and teaching. These four principles are mutual respect, self-esteem, equal needs and basic rights, as well as the golden rule of onto others as to you. They are used here as tools to promote compassion and acknowledgement. This is a book intended to guide parents and teachers in dealing with this problem with a creative mindset, helping in not just solving the problem in itself, but also contribute with better values for the next generations.



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