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From the Ground Up (Paperback)

By Laura Koniver MD

Do Life Right, Incorporated, United States, 2012. Paperback. Book Condition: New. Laura Koniver MD (illustrator). 274 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****. From The Ground Up is the world s first healing children s book about grounding! Also known as earthing, connecting with the earth (ground) is one of the best things you can do to support your natural health and healing. This picture book illustrates for children, in full color, how Mother Earth is our ally in health and how we can use her powers to heal. There are text boxes with more detailed information for older children, and a parent reference section in the back full of more ideas for parents in supporting the health of their child. Parents can grab this book and read it outside with their child.and by the end of the book their child could be feeling more centered, happier, and healthier! A breakthrough picture book for all ages, baby through adult. Written by physician Laura Koniver, MD, one of the expert protagonists in the motion picture The Grounded. The Grounded is a movie about the extraordinary healing powers of the Earth. Dr. Koniver took the...



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Reviews

This publication is definitely not effortless to get going on looking at but really exciting to read through. It really is rally intriguing through looking at time period. Its been written in an remarkably straightforward way which is just soon after i finished reading through this book where basically altered me, change the way i think.

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