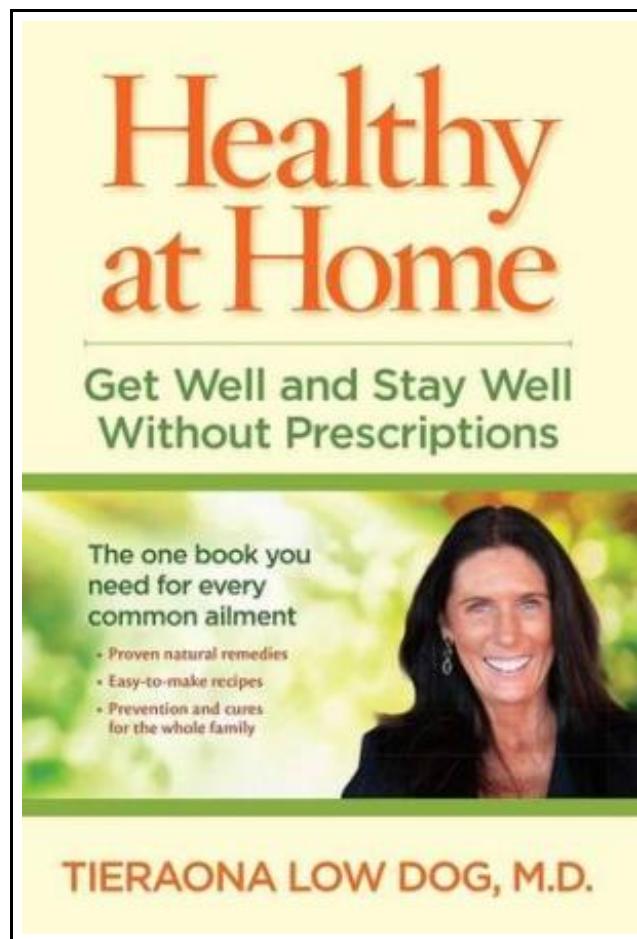


Healthy at Home: Get Well and Stay Well Without Prescriptions



Filesize: 6.06 MB

Reviews

I just started looking over this ebook. I could possibly comprehend everything out of this published e publication. You are going to like the way the author compose this publication.
(Giles Vandervort DDS)

HEALTHY AT HOME: GET WELL AND STAY WELL WITHOUT PRESCRIPTIONS

[DOWNLOAD PDF](#)

To download **Healthy at Home: Get Well and Stay Well Without Prescriptions** PDF, remember to access the web link below and save the ebook or have access to other information which are related to **HEALTHY AT HOME: GET WELL AND STAY WELL WITHOUT PRESCRIPTIONS** book.

National Geographic Society. Paperback. Book Condition: new. BRAND NEW, Healthy at Home: Get Well and Stay Well Without Prescriptions, Tieraona Low Dog, National Geographic helps you take charge of health care guided by a physician expert in natural healing, herbal medicine, and home remedies. Never have we needed this advice more than now, says Dr. Low Dog as she guides us in identifying, responding to, and caring for common ailments including coughs and colds, infections, digestive complaints, rashes, wounds, headaches, insomnia--all better treated at home than in doctor's office or with expensive over-the-counter drugs that often just exacerbate the problem. Learn how to make herbal remedies - teas, tinctures, lozenges, syrups, salves - and why you and your family will be healthier for doing so. For every ailment, Dr. Low Dog specifies symptoms that mean you should consult a health care professional instead of staying at home. Full of recipes and guidelines on how much and how often, this innovative book is sure to become a household standard and go-to guide for getting well and staying healthy at home.

[Read Healthy at Home: Get Well and Stay Well Without Prescriptions Online](#)[Download PDF Healthy at Home: Get Well and Stay Well Without Prescriptions](#)[Download ePUB Healthy at Home: Get Well and Stay Well Without Prescriptions](#)

You May Also Like



[PDF] It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

Access the link listed below to get "It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em" file.

[Read ePUB »](#)



[PDF] Dom's Dragon - Read it Yourself with Ladybird: Level 2

Access the link listed below to get "Dom's Dragon - Read it Yourself with Ladybird: Level 2" file.

[Read ePUB »](#)



[PDF] Chaucer's Canterbury Tales

Access the link listed below to get "Chaucer's Canterbury Tales" file.

[Read ePUB »](#)



[PDF] George Washington's Mother

Access the link listed below to get "George Washington's Mother" file.

[Read ePUB »](#)



[PDF] Frances Hodgson Burnett's a Little Princess

Access the link listed below to get "Frances Hodgson Burnett's a Little Princess" file.

[Read ePUB »](#)



[PDF] Hitler's Exiles: Personal Stories of the Flight from Nazi Germany to America

Access the link listed below to get "Hitler's Exiles: Personal Stories of the Flight from Nazi Germany to America" file.

[Read ePUB »](#)



[PDF] Tinga Tinga Tales: Why Lion Roars - Read it Yourself with Ladybird

Click the web link below to read "Tinga Tinga Tales: Why Lion Roars - Read it Yourself with Ladybird" file.

[Download Book »](#)



[PDF] Big Machines - Read it Yourself with Ladybird: Level 2

Click the web link below to read "Big Machines - Read it Yourself with Ladybird: Level 2" file.

[Download Book »](#)



[PDF] The Goblin's Toyshop

Click the web link below to read "The Goblin's Toyshop" file.

[Download Book »](#)



[PDF] Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures) (Paperback)

Click the web link below to read "Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures) (Paperback)" file.

[Download Book »](#)



[PDF] All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed

Click the web link below to read "All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed" file.

[Download Book »](#)



[PDF] Anna's Fight for Hope: The Great Depression 1931 (Sisters in Time Series 20)

Click the web link below to read "Anna's Fight for Hope: The Great Depression 1931 (Sisters in Time Series 20)" file.

[Download Book »](#)