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## Peaks and Valleys: Making Good and Bad Times Work for You--At Work and in Life (Paperback)

By Spencer Johnson M.D.

Atria Books, United States, 2014. Paperback. Book Condition: New. Reprint. 208 x 137 mm. Language: English . Brand New Book. From the #1 New York Times bestselling author of Who Moved My Cheese?, a brilliant new parable that shows readers how to stay calm and successful, even in the most challenging of environments. A young man lives unhappily in a valley. One day he meets an old man who lives on a mountain peak. At first the young man doesn't realize that he is talking to one of the most peaceful and successful people in the world. But in the course of further encounters and conversations, the young man comes to understand that he can apply the old man's remarkable principles and practical tools to his own life to change it for the better. Spencer Johnson knows how to tell a deceptively simple story that teaches deep lessons. The One Minute Manager (co-written with Ken Blanchard) sold 15 million copies and stayed on the New York Times bestseller list for more than twenty years. Since it was published a decade ago, Who Moved My Cheese? has sold more than 25 million copies. In fact there are more than...



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