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## Freedom from the Known

By J. Krishnamurti

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Freedom from the Known, J. Krishnamurti, Born in poverty in India, Jiddu Krishnamurti (1895-1986) became a leading spiritual and philosophical thinker whose ideas continue to influence us today. George Bernard Shaw declared that he was the most beautiful human being he had ever seen and Aldous Huxley was one of his close friends. Whether debating politics with Nehru, discussing theories with Rupert Sheldrake and Iris Murdoch, or challenging his students not to take his words at face value, Krishnamurti engaged fully with every aspect of life. He is regarded by many modern religious figures as a great teacher, an extraordinary individual with revolutionary insights; Joseph Campbell, Alan Watts, Eckhart Tolle and Deepak Chopra are all indebted to his writings. "Freedom from the Known" is one of Krishnamurti's most accessible works. Here, he reveals how we can free ourselves radically and immediately from the tyranny of the expected. By changing ourselves, we can alter the structure of society and our relationships. The vital need for change and the recognition of its very possibility form an essential part of this important book's message.


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